



# CHILDCARE

For a nominal fee, quality childcare is available for **members and guests** using The Training Room. Children as young as eight weeks are welcome. **Reservations are required:** parents must call 715-247-5770 a **minimum of 30 minutes prior** to attending The Training Room.

- Infants (under the age of one year) may use child care a *maximum of 1 hour*.
- Children (over the age of one year) may use child care a *maximum of 2 hours*.
- Because of severe food allergies, please do not send food with your children to Child Care.
- Except for Parents Day Out, parents must remain on club premises while their child is in child care.
- 30 Minute Cancellation Policy will apply: you will be charged the childcare rate if canceling within 30 minutes of reserved time.

\*\*\*At all times, The Training Room childcare program is dedicated to providing a safe, sanitary, secure, and positive environment for the children of our members and guests. We strive to offer a service which parents can place confidence in and receive a secure feeling seeing their children enjoy a pleasurable experience while visiting us.\*\*\*

**Parents: Please read through the following for more information on our childcare program**

**The following policies apply during family days:**

- All children under 12 years of age must be in the company and under direct supervision of a parent at all times, unless they are participating in a staff supervised program or in childcare.
  - Children under 12 years of age are not allowed on the fitness floor, in the group exercise studios or in the pool.
  - Children of the opposite gender over 4 are not allowed in the locker room.
  - Family members 12 years and older who are not current members of The Training Room must pay a guest fee to use the facilities
- All children must be signed in upon arrival and wear a name tag
  - All children must be signed out when leaving playroom
  - Only the person who signed the child into the playroom may sign them out
  - Parents must remain on the premises while the child is in the playroom
  - Child to childcare staff is 8:1
  - All playroom staff is infant/child CPR certified
  - Sick children are expected to stay at home
  - Toys from home are not allowed-we have plenty
  - Playroom pass must be shown at each visit
  - Please pick children up prior to the closing time of the playroom

<b>Playroom Hours- Mornings Monday-Thursday</b>	<b>8-10am</b>
<b>Evenings Monday-Tuesday</b>	<b>4-6pm</b>
<b>Evenings Wednesday</b>	<b>4-7pm</b>

\*\*I have read and understand these policies and procedures \_\_\_\_\_

\*\*I also give permission for the childcare staff to assist in emergency bathroom visits or diaper changing if I am not available \_\_\_\_\_