

SWIMMING LESSONS



Taught by **Margene Westmoreland**

- American Red Cross Certified and **20 years** of experience

The Training Room offers the premier learning environment with professional instruction and up to date techniques all in a **warm water** endless pool! Dedicated, consistent trainers give lessons in small groups limited to four allowing one group in the pool at a time. All ages and abilities are welcome!



SESSIONS CURRENTLY OFFERED:

January 16th- February 22nd

Once per week:	Twice per week:
Evenings	
Monday or Wednesday 5:30-6:15	Monday & Wednesday 6:15-6:45 or 6:50-7:20



In order to provide the best placement, all participants must fill out a swim questionnaire. Appointments are available to have participants complete a swim assessment.

Cost per 4 week Session

Members:

\$45 Once per week

\$65 Twice per week

Non-Members add \$10

Cost per 8 week Session

Members:

\$60 Once per week

\$120 Twice per week

Non-Members add \$10

To register, please call or stop by The Training Room. If you need more information please email westmoreland5@somtel.net

Must have 4 Clients (swimmers) per training to have class.

Discounts available for consecutive sessions.

**Max of 6 per group

THE TRAINING ROOM 709 RIVARD STREET SOMERSET, WI 54025
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