

MELTDOWN!

The summer program for anyone and everyone
looking to be healthy!

Whether you are looking to lose fat, gain muscle, and maintain a healthy lifestyle we will help you meet your summer goals with group fitness classes, weekly education topics, and implementation of dotFIT[®] products.

Meltdown is a 3 month program that provides weekly presentations on health topics, weekly progress reports with the dotFIT[®] armband, dotFIT[®] supplement suggestions based on personal goals, a special discount on dotFIT[®] products, and a variety of group fitness classes.

Begin to 'Meltdown' this summer!

June 1st through August 31st

Tuesdays 5:30-7pm and Thursdays 6-7pm

****Somerset Location****

**\$325* for new members, \$184* for existing members
with lease of dotFIT[®] armband**

**\$400* for new members, \$259* for existing members
with purchase of dotFIT[®] armband**

(Valued over \$600!)

**Single Month-to-Month Membership Fees*

**With helpful information
and the right tools,
it can be fast and fun to lose!**

